

Te Whatu Ora  
Health New Zealand

# U KNOW?

Your Rights when  
accessing Health Services –  
“Being in the know”

You have the right to be treated  
with respect in regards to your  
values, beliefs and culture

You have the right to be treated  
with a positive attitude and not be  
pressured by anyone to do anything  
you do not want to do

You have the right to be fully informed,  
ask questions and be given answers about  
all matters concerning you

You have the right to be involved in making  
decisions that affect you

You have the right to privacy but can  
also choose to have  
a support person with you

You have the right to be  
asked and involved in regards to teaching and research.

Te Whatu Ora  
Health New Zealand

Starship  
Child Health

Developed by CMDHB YAG group supported by

Youthline  
Changing lives.