

Rapua Te Āhuru Mōwai - ADHB Mental Health Homelessness Pilot

Governance Group meeting minutes

25 February 2022

Present:

Hineroa Hakiaha	Co-Director Māori MHA	ADHB
Segina Te Ahuahu	Principal Advisor Maori/Project Lead	MoH
Jacqui Matthews	Senior Advisor	Te Puni Kokiri
Adam Bouman	Consumer Advisor Manager	ADHB/Kāhui Tū Kāha
Teremoana Te Hira	Service Manager	Mahitahi
Cinnamon Whitlock	Pouwhakahaere Matua – Hauora	Mahitahi
Stephen Hart	Operations Manager	CORT
Katie Ferguson	Service Clinical Director	ADHB
Kirsty Buggins	Manager Support Service Design and Implementation	HUD
Zoe Truell	Project Manager	ADHB
Alison Hudgell	General Manager, Mental Health	ADHB
John Tubberty	Regional Director	Kāinga Ora
Kate Sladden	Manager, Planning and Funding	ADHB
Raewyn Allan	CEO	Mahitahi
Guest: Suaree Borrell	Managing Director	Awa Associates

Apologies:

Mark Goldsmith	Regional Commissioner	MSD
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1. PROJECT MANAGER UPDATE

1.1 Update on referrals, demographics and progress of whaiora actively engaged with the service

Referrals Accepted:

- 19 whaiora are currently in the Rapua Te Āhuru Mōwai service.

Demographics of those accepted:

- *Gender:* 9 women, 10 men
- *Ethnicity:* 9 Māori, 7 Pākēhā, 1 Pasifika, 2 African.
- *Current accommodation:*
 - 11 in permanent Rapua homes
 - 4 in Buchanan Rehabilitation Centre
 - 1 in Te Whetu Tawera
 - 3 in interim housing situations waiting to move into their new Rapua homes
 - 1 is in prison on remand

Overall the service continues to operate well with reported high satisfaction from whaiora who have moved into their permanent homes.

All of the whaiora who have been living in their own homes have been thriving. In spite of the ongoing Covid restrictions and managing more independently over the Christmas and holiday period, all have managed really well. There have been no readmissions to date. All of the whaiora are doing really well in their homes and this is in spite of challenges such as the lockdowns and restrictions, and the Christmas period.

1.2 Interim Housing

We continue to liaise with HUD to secure ring fenced Transitional Housing for Rapua. The purpose of ring fenced interim housing is to enable a smoother transition for whaiora.

In the meantime, the team are finding a range of interim accommodation options for whaiora while housing is being located for them.

1.3 Developing the Service

The Steering Group continues to oversee the operational, interface and development of the service.

The developmental work is currently focused on three main areas:

1. Developing processes to gather feedback from service users and staff on the service to support the learning and iterative development
The peer support workers from Mahitahi and the ADHB Consumer Leadership team are leading on this work.
2. Communication and relationship building with the ADHB Community Mental Health Centres (CMHCs). A roadshow and flyer about Rapua is being prepared by the Steering Group to assist the wider teams in understanding the programme and gaining their support to work in partnership with the whaiora and staff in the programme.
3. Obtaining and establishing the transitional housing to improve the service experience for whaiora who need interim accommodation while waiting for their permanent housing.

1.4 Minister's visit

Minister Little visited the programme on 22 February 2022. He wanted to hear more about the programme and how it is progressing. He was welcomed and hosted at the Whātua Kaimarie Marae at ADHB's Point Chevalier site by staff and leaders from the three partner organisations involved. A whaiora on the programme also attended and spoke about her positive experiences of being housed and supported by Rapua. The event was felt to be a very positive experience for all, and an opportunity to celebrate the progress and successes of the pilot to date.

Segina said that she had received feedback from the Office of the Director General (ODG) office that the visit went really well.

4. CORT REPORT

Stephen Hart reported that everything is going really well. The CORT model of clusters of housing seems to be working very well for the Rapua whaiora on the pilot.

One small hurdle is getting the funding model right for the Kainga Ora sites.

The emphasis on whanaungatanga upfront with whaiora makes everything flow correctly and is the magic that holds it all together, as well as everyone heading in the same direction. Whaiora are always at the centre which is important when needing to work through any difficulties.

5. MAHITAHİ REPORT

Raewyn said Rapua is the best collaboration she has been involved in, in all her years in the sector. There is a willingness to get stuck in and do what needs to be done. She particularly acknowledged the kaimahi. It is very difficult with 23 Mahitahi staff isolating currently.

6. ADHC CLINICAL REPORT

Katie said she supported what Raewyn, Zoe and Stephen had said. Relationships are key. All of the whaiora housed have not only not had any readmissions to hospital but they are thriving in the community. This is a testament to what can be done.

Alison said that Zoe had sent some really positive quotes around from whaiora and their whānau about the programme. She requested that these be sent out in the minutes.

Hineroa said that the whaiora who spoke at the Minister's visit strongly emphasised the whakawhanaungatanga. Everyone at the event spoke from the heart. She agreed with Raewyn and said that Rapua is one of the best kaupapa she has ever been involved with. Hineroa also made special acknowledgement of the kaimahi.

7. KĀINGA ORA

John said they are still working on the delivery on the two allocated sites in October 2022 but need confirmation the modules are on track to arrive. The timeframes will be confirmed soon.

8. PRESENTATION FROM THE MOH CONTRACTED EVALUATION COMPANY AWA ASSOCIATES.

Suraae joined the meeting to present the evaluation progress.

She said they have started their engagement with whanaungatanga with the partners. They attended a korero on data collection. Zoe has provided background and data materials. Awa are currently looking at where they are at now. For the next 3 -6 months they will be charting the course with social cohesion, shared analysis, and using what they are finding for collaborative learning in action.

Their next task is the evaluation framework which is due by the end of March. There needs to be joint action between Waikato and Auckland on this.

9.OMICRON PLANNING

It was agreed that the meeting needed to discuss operations for the coming weeks due to Omicron now hitting.

Mahitahi have prioritized their support to the most important things such as med runs and groceries. The rest can be done by 2 or 3 x daily phone calls. They haven't got the kaimahi to do more than priority support. Mahitahi are giving whaiora extra phones with data, and also teaching them to use Zoom.

Mahitahi would like to know whether the 19 whaiora on the pilot have been fully vaccinated. Katie said this was easy to find out and would get the information to Cinnamon.

Alison asked if the pilot can be given an 8 – 10 week period where we hold new referrals and just manage what we have got. Kate will follow this up. It has been done with other programmes that are funded on volumes.

Katie said there can be a halt to the moves to Rapua but she does not want to halt the clinical pathway.

Segina said that if this needs to happen, she can talk to the Ministry about it. It was discuss that there be a hold on referrals at this point.

10. RAPUA KARAKIA

Matua Hero from Mahitahi has gifted a karakia especially for Rapua. This was used at the Minister's visit and can be used for all Rapua meetings if wished. It will be sent out with the minutes.