

HOW TO FOLD YOUR KETE HAUORA

1. FOLD DOCUMENT IN HALF ALONG LINE 1
2. FOLD DOCUMENT IN HALF AGAIN ALONG LINE 2
3. CUT ALONG DOTTED LINES

CUT ALONG DOTTED LINES

1

HEALTHLINE
0800 358 5453

COVID-19 REMINDERS

- Use the NZ COVID Tracer app
- Stay home if you're sick and seek advice
- Call Healthline if you think you need a test
- Wash your hands
- Go to healthpoint.co.nz/covid-19 for testing options anywhere in NZ

What is an NHI number? You can find out your NHI number, your National Health Index number or NHI is the number assigned to you for health record purposes.

- call your family doctor and ask
- check a medicine prescription
- check on a recent hospital letter you've received

2

Your KETE HAUORA of important information

Full name _____

DOB _____ Blood type _____

NHI number _____

Whānau doctor _____

Whānau contact _____

1

KARAKIA FOR HEALING

Mā te rā e kawē mai	May the sun bring you energy by day
Te ngoi ia rā ia rā	May the moon softly restore you by night
Mā te marama e whakaora	May the rain wash away your worries
I a koe I waenga pō	May the wind blow new strength into your being
Mā te ua e horoi ōu māharahara	May you walk on this earth in peace all the days of your life and know its beauty for ever and ever
Mā te hau e pupuhi te pākahukahu	Amen
Ki roto I tō tinana	
I roto i ōu hikoitanga i te ao	
kia whakaaro koe ki te hūmarie	
I roto i ōu hikoitanga i te ao	
kia whakaaro koe ki te hūmarie	
ataahua hoki o ōu rā	
mō ake tonu atu	
Āmine	

2

Your health information **KETE HAUORA**

Unite against COVID-19

Northland District Health Board
Auckland
Waitematā
Counties Manukau Health

Name _____

CUT ALONG DOTTED LINES

MAKE SUMMER UNSTOPPABLE

Via 'Service Now' Demand Management System

Receive an invitational text message or email

Online
Go to 'Service Now' website and follow instructions to book

Phone
Ring HML

HML books via 'Service Now' website

Attend Appointment and get vaccinated

Planned Walk In

Phone 0800 vax line

Eligibility screening

Booked through manual form

Attend Appointment and get vaccinated

Planned Group Booking
(e.g. church, family)

Phone on-site booking co-ordinator at Otara clinic/ NRHCC (Site person)

Manually schedule on-site

Attend Appointment and get vaccinated

Walk In

Eligibility screening

If eligible

Attend Appointment and get vaccinated

If not eligible


Alternatives explained



Vaccination Centre Locations

APPOINTMENTS ARE BY INVITE ONLY

CENTRE	ADDRESS	DATE OPEN	MORE INFORMATION
Auckland CBD Vaccination Centre	 Auckland CBD Vaccination Centre 21 Elliot St, Auckland	Open Now	Mon – Sun: 8am – 6.30pm Enter the Atrium shopping centre on Elliot St. Take lifts to L4. Turn left when exiting lifts.
Highbrook Vaccination Centre	 31 Highbrook Drive, East Tamaki	Open Now	Mon – Sun: 8am – 4pm
Manurewa Vaccination Centre	 Manurewa Marae 81 Finlayson Ave, Clendon Park, Manukau	Open Now	Mon – Fri: 8.30am - 4.30pm Sat 8.30am - 1pm
Mt Wellington Vaccination Centre	 95 – 105 Leonard Road, Mount Wellington	Open Now	
Ōtara Vaccination Centre	 5 Ōtara Road, Ōtara	Open Now	Mon – Sun: 8.30am - 4pm For elderly, mobility and disabled access, use Gate A at 5 Ōtara Rd. For all other visitors, use Gate B at 20 Newbury St and follow the signs.
Dargaville Town Hall	 37 Hokianga Road, Dargaville	Open Now	Thursday: 10am – 4pm
Kaikohe St John	 58 Raihara Street, Kaikohe	Open Now	Friday: 10am – 5pm
Kaitaia Hospital (Rec Hall)	 29 Redan Road, Kaitaia	Open Now	Tuesday: 10am – 5pm Wednesday: 10am – 5pm
Kerikeri	 1 Sammaree Place, Kerikeri	Open Now	Thursday: 12pm – 7pm Wednesday: 10am – 5pm
Whangārei Northland Event Centre	 51 Okara Drive, Whangārei	Open Now	Saturday: 9am – 4pm Tuesday: 12pm – 7pm Wednesday: 10am – 5pm

Click on  to access map

Updated April 16 2021

