

7 August 2020



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Re: Official Information (OIA) Request - Gender Dysphoria

I refer to your official information request dated 24 July 2020 requesting the following information:

- 1. How many under 18 year olds have a diagnosis of gender dysphoria? How many of these youth are female? How many of these youth are male? [Feel free to express this as a ratio or percentage]
- 2. How many youth under 18 in your DHB have a diagnosis of gender dysphoria and have been prescribed puberty blockers within the past 12 months? How many of these youth were biologically female? How many of these youth were biologically male?
- 3. How many under 18 year olds were referred by their primary health provider to endocrinology with a diagnosis of gender dysphoria the past 12 months? How many of these youth were female [transitioning away from female]? How many of these youth were male [transitioning away from male]?
- 4. How many youth under 18 in your DHB had a diagnosis of gender dysphoria and were prescribed either testosterone, or oestrogen and progesterone, between 1 January 2018 and the end of December 2018? How many of these youth were female [transitioning away from female]? How many of these youth were male [transitioning away from male]?
- 5. How many youth under 18 in your DHB had a diagnosis of gender dysphoria and were prescribed either testosterone, or oestrogen and progesterone, between 1 January 2019 and the end of December 2019? How many of these youth were female [transitioning away from female]? How many of these youth were male [transitioning away from male]?
- 6. Over the past 12 months, how many females under 24 with gender dysphoria has your DHB provided - hysterectomies - oophorectomies and/or - double mastectomies for? How does this compare to the previous 12 months?

If you are unable to access retrospective data in regards to anything above, please provide current information.

- 1. Approximately how many females have presented to emergency room(s) within your DHB and declared themselves victims of domestic violence by males between 1 January 2019 and the end of December 2019?
- 2. Approximately how many females have presented to emergency room(s) within your DHB and declared themselves victims of domestic violence by males between 1 January 2020 and July 1 2020?

The DHB's responses are listed below following each question. We have endeavoured to answer these questions as fully as possible using the information available to us. Where we have provided information in response to your request from the DHB's Mental Health reporting system, we have used the diagnosis category of "gender identity disorder" because the relevant coding manual does not include a diagnostic category of gender dysphoria.

1. How many under 18 year olds have a diagnosis of gender dysphoria? How many of these youth are female? How many of these youth are male? [Feel free to express this as a ratio or percentage]

As previously described to you, Auckland DHB established a new service arrangement for the provision of specialist and support services for young people with gender identity issues, with the Centre for Youth Health (CfYH) at Counties Manukau DHB in July 2016. Most young people within Auckland DHB who have required support services relating to gender identity will use the CfYH service, although a very small number of young people have used services provided by Community Adult Mental Health Services (CAMHS) at Auckland DHB.

We have used readily available collated data from six-monthly reports prepared by the Centre for Youth Health (CfYH). The following table shows how many young people have accessed services at CfYH between January 2017 and June 2020.

1 January 2017 – 30 June 2020	Auckland DHB
Total active cases at CfYH	585
Male	345
Female	193
Gender exploring/ non-binary	47
Total aged under 18 years	439
Total aged over 18 years	146

Although most young people within Auckland DHB, who have required support services relating to gender identity, use the CfYH service, a very small number of young people have used services by CAMHS services at Auckland DHB. Three people under 18 years accessed the Auckland CAMHS services during the period between 1 January 2019 and 30 June 2020. We have not provided the gender of these three people because doing so is likely to make the individual patients identifiable. This information is withheld under s9(2)(a) of the Official Information Act 1982.

2. How many youth under 18 in your DHB have a diagnosis of gender dysphoria and have been prescribed puberty blockers within the past 12 months? How many of these youth were biologically female? How many of these youth were biologically male?

Data on individual treatment (including those on 'blockers') is not coded and, therefore, is not available in our current reports. To answer this question would require substantial collation and research as it requires reviewing individual clinical records. Therefore, we are unable to meet this request under s18 (f) of the Official Information Act 1982.

We note that we have considered whether we could provide the information if we extended the time for responding to your request or charged to provide the information but have decided that this would not assist as the work required to collate this information from the clinical record would need to be done by a health professional who would ordinarily be providing frontline youth services. This is a very small service and there is a national shortage of clinicians who work in this field, which means they would not be able to backfill the front line position so the information could be collated. This would compromise the service's ability to provide services to patients

3. How many under 18 year olds were referred by their primary health provider to endocrinology with a diagnosis of gender dysphoria the past 12 months? How many of these youth were female [transitioning away from female]? How many of these youth were male [transitioning away from male]?

The Auckland DHB endocrinology service does not provide services to people under 18 years of age with gender identity issues and therefore does not accept referrals from primary health care for these services.

4. How many youth under 18 in your DHB had a diagnosis of gender dysphoria and were prescribed either testosterone, or oestrogen and progesterone, between 1 January 2018 and the end of December 2018? How many of these youth were female [transitioning away from female]? How many of these youth were male [transitioning away from male]?

As above, data on individual treatment is not coded and, therefore, is not available in our current reports. To answer this question would require substantial collation and research as it require reviewing individual clinical records. Therefore, we are unable to meet this request under s18 (f) of the Official Information Act 1982.

5. How many youth under 18 in your DHB had a diagnosis of gender dysphoria and were prescribed either testosterone, or oestrogen and progesterone, between 1 January 2019 and the end of December 2019? How many of these youth were female [transitioning away from female]? How many of these youth were male [transitioning away from male]?

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as it require reviewing individual clinical records. Therefore, we are unable to meet this request under s18 (f) of the Official Information Act 1982.

6. Over the past 12 months, how many females under 24 with gender dysphoria has your DHB provided - hysterectomies - oophorectomies and/or - double mastectomies for? How does this compare to the previous 12 months?

We have used readily available collated data which does not differentiate age therefore this information covers all patients over 18 years of age by calendar year 2018 and 2019.

Not all procedures are coded to identify gender dysphoria therefore these figures are only as accurate as the coding allows.

	Double Mastectomies	Hysterectomies and Oophorectomies
2018	7	2
2019	6	4

7. Approximately how many females have presented to emergency room(s) within your DHB and declared themselves victims of domestic violence by males between 1 January 2019 and the end of December 2019?

We do not currently collect data identifying the gender of the perpetrator of domestic violence and are therefore are unable to provide a response to this question. However, we are able to provide the following information for the period between 1 January 2019 and 31 December 2019.

There have been 239 patients presenting to the Auckland DHB Emergency Department following domestic violence.

8. Approximately how many females have presented to emergency room(s) within your DHB and declared themselves victims of domestic violence by males between 1 January 2020 and July 1 2020?

We do not currently collect data identifying the gender of the perpetrator of domestic violence and are therefore are unable to provide a response to this question. However, we are able to provide the following information for the period between 1 January 2020 and 1 July 2020.

There have been 113 patients presenting to the Auckland DHB Emergency Department following domestic violence.

Whilst acknowledging we are unable to provide information in response to all elements of your request because this information is not available, I hope this information is sufficient in response to your request.

You are entitled to seek a review of the response by the Ombudsman under section 28(3) of the Official Information Act. Information about how to make a complaint is available at www.ombudsman.parliament.nz or freephone 0800 802 602.

Please note that this response, or an edited version of this response, may be published on the Auckland DHB website.

Yours faithfully

C. C.

Ailsa Claire, OBE Chief Executive

