



Auckland **RMO** Careers Fair 2021

Programme

May 3 & 4 | 6pm-9pm

Clinical Education Centre,
Auckland City Hospital

Welcome to the 19th Auckland RMO Careers Fair!

The Careers Fair has been developed and organised by the Clinical Education Unit (CETU) over the last nineteen years to provide RMOs with an opportunity to gather information about the range of specialties to consider for future career options.

This year, there are 34 sessions over two evenings, with specialists coming from all the hospitals in the Auckland region. Each session has several speakers – senior doctors who have been practising for a while, members of the Auckland Vocational Training Committees and RMOs currently in training. This is an excellent opportunity to talk to people working in the specialties to find out what their specialty is really like and what is required to apply for a training place.

Your Clinical Supervisors, Education Supervisors or Directors of Clinical Training at your DHB are also good people to talk to.

You could also check out www.careermed.co.nz for information about specialties. The site also includes a psychometric test and has practical advice on applications and deadlines, writing a good CV and interview tips.

Good luck with your decision and enjoy the Careers Fair.

Chris Lewis MD FRACP

Director of Prevocational Training
Auckland District Health Board

Priscilla Wong

Project Coordinator
Auckland District Health Board



Getting the most out of the Careers Fair

Our presenters will talk briefly about their chosen specialty and there will be plenty of time for questions. We encourage you to ask about the things that **you** want to know. Here are some suggested questions.

- ☐ What do you like most about your specialty?
- ☐ What particular abilities do you think are important in your specialty area?
- ☐ What are the challenges of the job?
- ☐ What are the workforce projections for your specialty?
- ☐ How many training places are there in this specialty?
- ☐ What is the impact on family life of your specialty?
- ☐ Would you choose this area again?
- ☐ What is the remuneration like in public or in private?

The **Northern Regional Alliance** (NRA) will also offer presentations throughout the Careers Fair on how to write a good CV and interviewing tips for your next position.

Choosing your Speciality

How do you choose a specialty and what are the factors that might influence your choice?

Career development theory suggests that there are defined stages in the process of making a career decision and that at each of these stages there are questions you might ask yourself. This process of systematically analysing yourself and a job or specialty will enable you to achieve a good match between yourself as a person and the job that you would like to do in the future.



Understand yourself

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Knowing more about yourself

- Why did I choose medicine in the first place?
- What motivates me to do my best work?
- What are my strengths and limitations?
- What are my strongest skills and which skills do I enjoy using?
- Who do I consider to be my role model or mentor? Why?
- What are my interests, values and beliefs?
- In thinking about three of four accomplishments from the past, what has given me the greatest satisfaction?
- What prevents me from getting what I want out of my working life?
- What kind of balance do I want to achieve in using these skills?
- How well does a particular specialty fit with who I think I am?

Career exploration

- What geographical preferences or restrictions do I have?
- What kind of relationships do I want to have with my patients?
- What style of work suits me best?
- What type of work environment do I prefer to be in?
- What sorts of colleagues do I want to work with?
- What salary can I expect in this specialty or field?

Goals

- What kind of lifestyle do I expect as a doctor in the short or long term?
- What other goals do I have apart from career goals?
- What do I want to get out of my job and my career?
- What does “success” mean to me? How will I know when I’ve achieved it?

Gather information & explore possibilities

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Check out ▶ RMO Careers Fair 2021 ▶ www.careermed.co.nz
(<http://www.adhb.health.nz/health-professionals/careermed/>) ▶ College websites

- What do I know about the various specialties?
- Where can I undertake the training?
- Where and how can I obtain more information?
- What are the workforce projections?
- Who should I talk to?

Make choices & develop an action plan

3

What rotations should I do

- to prepare me for my chosen specialty?
- to gain entry to a training programme?
- How do I apply for a training programme?
- Who should I talk to?
- What happens if I don’t get into my first choice of training programme
- How should I write my CV?

Choosing a career direction is not a one-off decision. Many people shift direction several times during their lifetime. Others choose to have multiple jobs, balancing their needs and interests around several roles. However, each time you reach a career crossroads you might need to ask yourself some of the same questions. What is right for you in your twenties may not necessarily be right for you in your thirties or forties – personal circumstances change, specialties develop in various directions and new opportunities arise.

Programme RMO Careers Fair 2021

Monday **3 May**

6-7pm		7-8pm		8-9pm	
SPEAKERS	Surgical Training <i>Richard Wong She, Kimberley Sent-Doux (Auditorium)</i> (AUDITORIUM)	AUDITORIUM	Surgical Subspecialties <ul style="list-style-type: none">• ORTHOPAEDICS/ <i>Michael Flint</i>• PLASTIC SURGERY/ <i>Meredith Simcock</i>• GENERAL SURGERY/ <i>Nicholas Evennett</i>• UROLOGY/ <i>Vincent Chong</i>• NEUROSURGERY/ <i>Patrick Schweder</i>		Surgical Subspecialties <ul style="list-style-type: none">• CTSU/ <i>Indran Ramanathan</i>• ORL/ <i>Raymond Kim</i>• VASCULAR SURGERY/ <i>Peter Vanniasingham</i>
		HENLEY ROOM	• RADIOLOGY/ <i>Lip Koon Ng, Stephen Merrilees, Christabel Logan</i>		• RADIATION ONCOLOGY/ <i>Hedley Krawitz, Ramesh Arunachalam, Mollie Kain</i>
		NEUROLOGY ROOM	• OPHTHALMOLOGY/ <i>Rachael Niederer, Will Cunningham, Simone Freundlich</i>		• EMERGENCY MEDICINE/ <i>Hamish Read, Inia Tomash</i>
		GREENLANE ROOM	• O&G, includes PG Dip O&G/ <i>Sarah Tout, Samuel Holford, Kirsten McSweeney, Wendy Burgess, Grace Kennedy</i>		
		STARSHIP ROOM	• PATHOLOGY/ <i>Mike Watson, Veronica Playle, Michael Duffy</i>		• GETTING AHEAD – How to optimise and secure your financial future/ <i>Sue Stewart</i>
SPEAKERS	GP Training <i>Hosted by The Royal New Zealand College of General Practitioners</i> (A+ TRUST ROOM)	A+ TRUST ROOM	• HOW TO SURVIVE AND THRIVE AS A DOCTOR/ <i>Johanne Egan</i>		• CHOOSING AND PLANNING YOUR FUTURE SPECIALTY – getting work life balance right/ <i>Phillippa Poole</i>
		DAVIS ROOM	7-7.30pm Annual Recruitment, CVs and Cover Letters Northern Regional Alliance	7.30-8pm Interview Preparation and Skills Northern Regional Alliance	8-8.30pm Prevocational Run Blocks and Allocations Northern Regional Alliance
		LIGGINS ROOM	• URGENT CARE/ <i>David Sorrell, Guy Melrose, Caitlin Randles</i>		
		STANDS	ACE RMO/ Medical Assurance Society/ New Zealand Medical Association/ Medical Financial Advisors		

Tuesday 4 May

6-7pm		7-8pm		8-9pm	
SPEAKERS	Introduction to Physician Training <i>Tracey McMillan, Paul Dawkins, Thomas Hills (AUDITORIUM)</i>	AUDITORIUM	Medical Subspecialties <ul style="list-style-type: none">• RESPIRATORY/ <i>Sonia Cherian</i>• CARDIOLOGY/ <i>Peter Ruygrok</i>• INFECTIOUS DISEASES/ <i>Christopher Hopkins</i>• GENERAL MEDICINE/ <i>Carl Eagleton</i>		
		HENLEY ROOM	Medical Subspecialties <ul style="list-style-type: none">• RHEUMATOLOGY/ <i>Sandra Bourke</i>• ENDOCRINOLOGY/ <i>Ruveena Kaur</i>• IMMUNOLOGY/ <i>Maia Brewerton</i>• DERMATOLOGY/ <i>Harriet Cheng</i>		Medical Subspecialties <ul style="list-style-type: none">• MEDICAL ONCOLOGY/ <i>Aileen Ludlow</i>• HAEMATOLOGY/ <i>James Liang</i>• PALLIATIVE CARE/ <i>Carol McAllum, Ann Kim</i>
		NEUROLOGY ROOM	• ANAESTHESIA/ <i>Alistair Ineson, Matthew Jenkins, Pranav Varma</i>		• INTENSIVE CARE/ <i>Sara Allen, Andrew Van der Poll, Simon Versteeg, Bevan Vickery, Jonathan Gunther, Laura Bainbridge</i>
SPEAKERS	Introduction to Paediatric Training <i>Genevieve Ostring, Eoghan Rutledge, Jonathan Bishop, Helen Evans, Stephanie Built, Sophie Springer, Hannah Noel (HENLEY ROOM)</i>	GREENLANE ROOM	• PUBLIC HEALTH/ <i>Doone Winnard, Nick Eichler, Carrie Bryers (Ngāpuhi)</i>		Medical Subspecialties <ul style="list-style-type: none">• GASTROENTEROLOGY/ <i>David Rowbotham</i>• OLDER PEOPLE'S HEALTH/ <i>Holly Britton</i>• NEUROLOGY/ <i>Nicholas Child</i>• RENAL/ <i>Paul Manley</i>
		STARSHIP ROOM	• PSYCHIATRY/ <i>James Gardiner, Song Chan, Kate Helingoe</i>		
		A+ TRUST ROOM	• CREATIVE CAREERS IN MEDICINE – Thinking beyond conventional clinical work/ <i>Stephen Child, Lavinia Perumal, Subha Rajanaidu</i>		
SPEAKERS	GP Training includes Rural Health <i>Hosted by The Division of Rural Hospital Medicine NZ (A+ TRUST ROOM)</i>	DAVIS ROOM	7-7.30pm Annual Recruitment, CVs and Cover Letters Northern Regional Alliance	7.30-8pm Interview Preparation and Skills Northern Regional Alliance	8-8.30pm Prevocational Run Blocks and Allocations Northern Regional Alliance
		LIGGINS ROOM	• URGENT CARE/ <i>Guy Melrose, Emily Cole</i>		
		STANDS	ACE RMO/ Medical Assurance Society/ New Zealand Medical Association/ Medical Financial Advisors		

Annual Recruitment











Cycle dates

For important dates and details on annual recruitment to the Auckland region in 2021, please visit:

<http://www.aucklanddoctors.co.nz/rmos/recruitment/2021annualrecruitment/>



Maps

-  Emergency Department
-  Main Entrance
-  Level 1 Entrance (to Starship)
-  Drop off Entrance, Level 4
-  Starship Entrance
-  Parking
-  Bicycle/ Motorbike Parking
-  Bus Stops
-  Taxi Stand
-  Staff Shuttle
-  Staff Parking

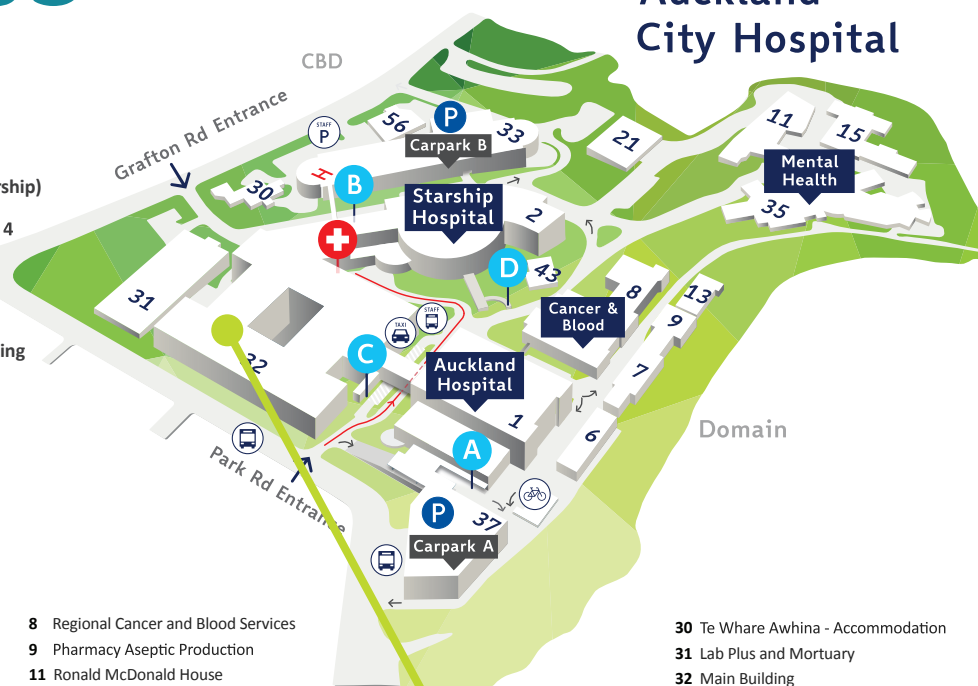
Buildings:

- 1 Support Building
- 2 Starship Children's Hospital
- 6 Plant
- 7 Support Services

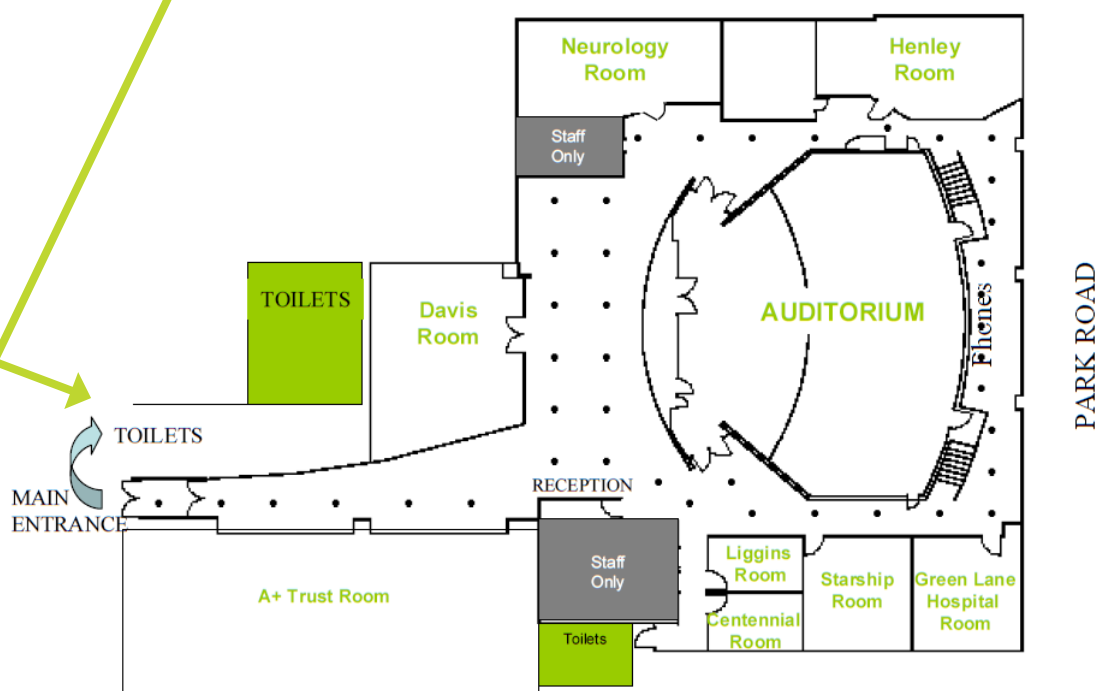
- 8 Regional Cancer and Blood Services
- 9 Pharmacy Aseptic Production
- 11 Ronald McDonald House
- 13 Clinical Engineering
- 15 Fraser McDonald Unit/ Crèche
- 21 Supply Store, Clinical Records

- 30 Te Whare Awhina - Accommodation
- 31 Lab Plus and Mortuary
- 32 Main Building
- 35 Te Whetu Tawera - Acute Mental Health Unit
- 43 Marion Davis Library
- 56 Haemodialysis

Auckland City Hospital



Fisher & Paykel Healthcare Clinical Education Centre



Notes



Notes

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